



25 QUESTIONS TO ASK YOUR GRANDPARENTS

Stories to Share & Memories to Keep

You may know them best as Grandma and Grandpa. But before that, they were kids, friends, newlyweds, parents and people building a life of their own. Use these questions to spark conversation, uncover stories you may have never heard and keep those memories part of your family for years to come.

Childhood & Growing Up

1. What is one of your happiest childhood memories?
2. What was your childhood home like?
3. What did you and your friends do for fun?
4. What were your parents like?
5. What family traditions did you have growing up?

Life & History

16. What historical event do you remember most clearly?
17. What invention or change in the world has amazed you the most?
18. What was life like when you were my age?
19. Who had the greatest influence on your life?
20. What are you most proud of?

The Younger Years

6. What was your first job, and what did you earn?
7. What was your first car?
8. What music did you love when you were young?
9. What did you dream about becoming when you grew up?
10. What is something you did when you were young that would surprise us?

Wisdom Worth Keeping

21. What is the best advice anyone ever gave you?
22. What's something you worried about when you were younger that you now realize wasn't so important?
23. What have you learned about having a happy life?
24. What do you know now that you wish you had known when you were my age?
25. What do you hope your family remembers most about you?

Love & Family

11. How did you meet Grandma/Grandpa or your first love?
12. What do you remember most about becoming a parent?
13. What was your favorite thing to do together as a family?
14. Which family tradition do you hope we always continue?
15. Is there a family recipe or story you want to make sure gets passed down?

As you talk, consider:

- ☐ Recording the conversation on your phone
- ☐ Writing down favorite stories
- ☐ Adding names and dates to old photographs
- ☐ Making copies of treasured family recipes
- ☐ Creating a family memory book
- ☐ Sharing the stories with younger generations

After you've finished the 25 questions, ask: Is there a story you want our family to know?

Sometimes, that's where the best stories begin.